



Exploring Ireland's Health Care Services

July 1 - 15, 2018

This study abroad program is coordinated by the Northern Illinois University Study Abroad Office (SAO), in cooperation with the NIU College of Health and Human Sciences and School of Nursing.

PROGRAM DATES: The program will officially begin with a pre-program class in DeKalb Illinois on a date to be determined. Students will arrive Sunday July 1, 2018 in Dublin and will depart on Sunday, July 15, 2018. Students will be responsible for making their own air travel arrangements in order to arrive in Dublin on Sunday, July 1, 2018. A post-program class will occur in DeKalb, Illinois on a second date to be determined.

PROGRAM DIRECTOR: Jeanette Rossetti, Professor and Kathleen Musker Associate Professors in Nursing in the NIU College of Health and Human Sciences.



Jeanette Rossetti - Professor of Nursing at Northern Illinois University will serve as director of the program. Professor Rossetti's specialty is psychiatric and mental health nursing. She received her Master's in Nursing from St. Xavier University in Chicago, Illinois and her doctoral degree in Adult Education from Northern Illinois University. She is an avid proponent of advocacy and for upholding rights of those hospitalized with mental illness. She is a member of the Illinois Guardianship and Advocacy Commission, Human Rights Authority in the State of Illinois and a member of the American Psychiatric Nurses Association and Sigma Theta Tau

International. In 2009 she was one of the recipients of the Excellence in Undergraduate Teaching Award for Northern Illinois University. In 2017 she was awarded the Presidential Teaching Professorship.

Kathleen Musker Associate Professor of Nursing at Northern Illinois University will serve as co-director of the program. Professor Musker has extensive clinical experience in psychiatric and community health nursing and teaches courses in both areas. She also has a private practice in holistic health counseling. Doctor Musker received an MA in holistic health counseling from John F. Kennedy University in California, and received her PhD in nursing from Loyola University, Chicago. She is a member of the American Psychiatric Nurses Association, the American Holistic Nurses Association, and Sigma Theta Tau International.

Professor Musker's research and other interests include holistic pattern recognition, cultural aspects of psychiatric nursing, and rights of the mentally ill.



PROGRAM OVERVIEW/OBJECTIVES: The primary purpose of this program is to provide participants with the opportunity to explore a variety of healthcare services in Ireland. During this program students will learn about the history of Ireland's health care system and the variety of Ireland's health services. This will include specialties of nursing, public health, and health studies. Students in the College of Health and Human Services and beyond will find the focus of health care services applicable to their academic interests, as well. With a student centered learning approach the co-directors of the program will gear assignments and learning activities to the specialty interests of the program's enrolled students. In addition, students will be exposed to the cultural opportunities that the beautiful country of Ireland has to offer.



PROGRAM SITE(S): The program will take place in Ireland, specifically the cities of Dublin and Galway. Ireland is the westernmost and second largest of the British Isles and is separated from Great Britain by Saint George's Channel on the southeast, the Irish Sea on the east, and the North Channel on the northeast. Politically, the island is divided into Northern Ireland, a constituent part of the United Kingdom (U.K.), and the Republic of Ireland. The island is divided into four historical provinces—Connaught, Leinster, Munster, and Ulster—and administrative units called counties.



While in Dublin students will be staying at Trinity College and while in Galway students will be staying at the National University of Ireland, Galway. Many guest speakers and site visits will occur at these two historical academic institutions.

IRELAND'S HEALTH CARE SYSTEM: Ireland's public health care system is governed by the Health Act of 2004. This act established a new body to be responsible for providing health and personal social services to everyone living in Ireland. The new National Health Service became official on January 1, 2005, but is currently being reformed. In addition to the public-sector, there is also a large private healthcare market in Ireland.

All residents of Ireland are entitled to receive health care through the public health care system, which is managed by the Health Service Executive and funded by general taxation. A person may be required to pay a subsidized fee for certain health care received, but this amount depends on income, age, illness or disability. All child health and maternity services are provided free of charge as is emergency care.

Everyone living in Ireland, including visitors who hold a European Health Card, is entitled to free maintenance and treatment in public beds and voluntary hospitals. Outpatient services are also provided for free. However some people, mostly high-income earners, may have to pay subsidized hospital charges.

Because access to care is granted to all, Ireland's overall satisfaction is in constant battle. Waiting times in Ireland are some the longest in Europe and although Ireland encourages seeing specialists, patience is more so becoming the determining factor when receiving care.

Unlike some other countries', Ireland efficiently allocates government funding, which leads Ireland to see an overall healthier country, low infant mortality rates and only 14.8% of residents in Ireland requiring long term care.

Although there are problems with all countries' health care systems, Ireland does an effective job of procuring a healthy country where all are covered and can receive care when need be.

HIGHLIGHTS: There are several exciting highlights being offered to the students during this study abroad program which may include:

- Tours and guest lectures by expert faculty from Trinity College, and the National University of Ireland, Galway.
- Tour of the National University of Ireland, Galway's state of the art Simulation lab.
- Tours and guest speakers from St. Patrick's Hospital, the University Hospital, Phoenix Care Hospital and the National Rehabilitation Hospital of Ireland.
- Day tours of Dublin, Galway, Aran Islands, Cliff's of Moher and/or Kylemore Abbey.
- Attending a theatrical production.

PROGRAM AUDIENCE: This program is open to **NIU and non-NIU students, undergraduate and graduate students, and students in Nursing and Health Studies as well as students from various other majors.**

This program may also be of special interest to students majoring in **Psychology, Law, Sociology and various other social or health studies.**

Space is limited and qualified applicants will be accepted on a first-come-first-serve basis. Early application is strongly encouraged.

INSTRUCTION METHOD: This course will include one pre-travel class, two weeks in Ireland, and one post-travel class. Pre- and post-travel classes will be held at the Nursing building and will last 3 hours each.

During the pre and post travel class NIU faculty member Professors Rossetti and Musker will provide instruction. A variety of teaching methods will be utilized including lecture, discussion, video presentations, and student presentations.

While in Ireland, instruction will be provided by Professor's Rossetti and Musker and by faculty from Trinity College and the National University of Ireland, Galway. In addition, a

variety of health care experts will offer presentations and topic related tours. Daily post conferences, while in Ireland, will also be held to provide students with time for questions/answers, reflection, and discussion of learning.

Students will have written assignments which will include daily journaling and a formal project to be presented during the post travel class. Graduate students assignments will reflect an increase in expectations and rigor. All students will be expected to complete assignments and attend the pre/post classes and the required course meeting times and events while in Ireland.



Trinity College



National University of Ireland,
Galway

PROGRAM ACADEMIC CREDIT: For satisfactory participation in the program, participants will receive 3 semester hours of undergraduate or graduate credit in one of the following NIU courses.

| UNDERGRADUATE CREDIT | |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|
| NURS 350 Exploring Ireland's Health Care Services | 3 semester hours |
| Description: Qualified students pursue an in-depth study into particular problems or areas of nursing. Prerequisite: Written permission of school chair. | |
| OR | |
| INTL 301: Study Abroad Programs* | 3 semester hours |
| Description: Course work undertaken as part of an approved university study abroad program. May be counted toward the satisfaction of general education requirements if approved as the equivalent of an authorized general education course. | |

| GRADUATE CREDIT | |
|------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|
| IDSP 501 Study Abroad Programs* | 3 semester hours |
| Description: Course work undertaken as part of an approved university study abroad program. May be repeated to a maximum of 9 semester hours. | |

***INTL 301 and IDSP 501:** Students from majors other than Nursing or students who have already received credit in NURS 350 may choose to enroll in INTL 301 (undergraduate level) or IDSP 501 (graduate level).

APPLICATION AND ADMISSION PROCEDURES: The program is open to Nursing (NURS) undergraduate and graduate students, NIU students from other majors, and non-NIU students (with priority given to NURS students) who meet the NIU general admission requirements, and who are interested in mental health and psychiatric services of Ireland. Currently enrolled students must meet College of Health and Human Sciences course GPA requirements. Graduate level students must also meet NIU Graduate School admission, course and GPA requirements.

Students must be in good academic and disciplinary standing at the time of application. Students who are on academic or disciplinary probation are not eligible to participate in study abroad programs. **Applicants must participate in the *entire* program and satisfy NIU undergraduate or graduate admission and course requirements.**

Students cannot have any encumbrances against their NIU records. Any encumbrances placed on a student's records by NIU (i.e., the Graduate School, Undergraduate Admissions, Bursar's Office, Accounts Receivable, Registration and Records, Office of Student Conduct, Health Services, Parking Services, etc.) must be cleared before a student is granted admission to a study abroad program.

For undergraduate students to be admitted to the program, an applicant's official transcript must be on file in the NIU Study Abroad Office. Students who are currently enrolled at NIU, or who have previously enrolled at NIU, do not need to request an official transcript; the Study Abroad Office will make this request on behalf of the applicant.

Students who desire to obtain graduate credit must either be admitted to a graduate program within the NIU Graduate School, or be admitted to the status of a "student-at-large" (SAL) within NIU's Graduate School. For students to be admitted to the program for graduate credit, a copy of the applicant's transcript must be submitted to the NIU Graduate School. Students who are currently enrolled at NIU, or who have previously enrolled at NIU, do not need to request an official transcript.

Non-NIU Students: Undergraduate students who want to participate in the program and earn academic credit from NIU who have **not** previously enrolled at NIU, or who are not **currently** enrolled at NIU, should ask the Registrar at their institution to forward an official transcript as soon as possible to the Study Abroad Office. (Student-issued transcripts and photocopies are not acceptable.) Questions relating to the admission requirements or transcripts should be directed to the Study Abroad Office.

Graduate students who have **not** previously enrolled at NIU, or who are not **currently** enrolled at NIU, who will participate in the program in order to earn academic graduate credit as a "student-at-large" (SAL) must be admitted as an SAL to the graduate school and the program.

APPLICATION: Click [Exploring Ireland's Health Care Services](https://niu.studioabroad.com) or visit the NIU Study Abroad Office website at <https://niu.studioabroad.com> (and search for "Ireland" or the *Exploring Ireland's Health Care Services* program) to begin the online application process for this program. The online process provides guidance on requesting information, advising, or applying for the program. More detailed instructions can be found on the <https://niu.studioabroad.com> website or by contacting the Study Abroad Office at (815) 753-0700 or niuabroad@niu.edu.

\$200 APPLICATION FEE/DEPOSIT: A \$200 application fee/deposit is required of all applicants. The \$200 is broken down into \$100 for the non-refundable application fee and \$100 for a program deposit. Both the application fee and the deposit will be applied to the total balance of the program cost. The \$100 deposit is refundable only if the participant withdraws prior to the withdrawal deadline indicated on the program materials or for medical reasons verified by a physician if the withdrawal takes place after the withdrawal deadline.

The \$200 application fee/deposit will be charged to NIU students' NIU Bursar's account. (Checks and money orders cannot be accepted from NIU students.) Non-NIU students must submit a check or money order in the amount of \$200. More detailed instructions can be found on the website.

IMPORTANT – All applications will be categorized as "Pending – No Deposit" until the \$200 application fee/deposit has been received (or, in the case of non-NIU students, once a check has been received). The Study Abroad Office will not consider or process applications without the \$200 application fee/deposit. In order to reserve your place in the program you must submit the \$200 deposit within 14 days of application. After 14 days applications without a deposit will be changed to inactive.

APPLICATION DEADLINE:

February 1, 2018

Space in this program is limited, so early application is recommended.

Upon acceptance into the program, applicants must change their status to "Committed" and complete *all* post-decisions items on the Study Abroad Portal in order to be considered an active participant and reserve their place in the program.

Applicants who have not changed their status to "Committed" will be withdrawn from the program.

ACCOMMODATIONS AND MEALS: While in Dublin, residence hall accommodations will be provided by Trinity College. Each room has two private bedrooms with twin beds and a shared bathroom and living space. While in Galway participants will stay in an area hostel or in the residence halls of the National University of Ireland and stay in a 4-6 bedroom suite with individual twin beds and a shared bathroom. Continental breakfast OR lunch will be provided daily during days with guest speakers or academic site visits. A welcome dinner at the beginning of the program and a farewell dinner at the end of the program will also be provided.

AIR TRANSPORTATION: Individuals will be responsible for making their own air travel arrangements between the U.S. and Dublin, Ireland and for purchasing their tickets from a travel agent or airline of their choice. (Travel insurance is recommended.) Participants should keep in mind that in order to arrive in Dublin in time for the official beginning of the program, they should plan to depart the U.S. no later than Saturday, June 30.



For information regarding airfares and airlines students may wish to check-out additional airfare sites on the Internet.

Important - The Study Abroad Office advises all participants that flight reservations for this program should not be booked until:

- a. After the February 1, 2018 application deadline
AND
- b. The SAO has accepted the minimum number of participants needed to operate this program.

This advisory is given so that participants do not find themselves financially responsible for airline tickets should it be necessary to cancel the program. (See section entitled, **CANCELLATION OF THE PROGRAM**)

LAND TRANSPORTATION: For program-related travel the group will travel by city bus, train, coach bus, taxi, DART, and Ferry.

PASSPORT: --IMPORTANT--All participants are required to **possess** a valid passport by March 1, 2018. *Important Note: U.S. passports must be valid SIX months beyond the intended stay overseas.* Individuals who do not currently possess a valid passport should apply for one immediately. Passport applications can take anywhere from two to six weeks to process therefore you must not delay in applying for your passport. Information on applying for a passport as well as expediting a passport application can be found at <https://travel.state.gov/content/passports/en/passports.html>. Foreign passport holders may need special visas for travel **and are responsible for obtaining all necessary visas.**



VISA: A visa is not required for tourist or business stays of up to three months.

PASSPORT AND ISIC PHOTOS: You may have your passport and/or ISIC photo(s) taken in the NIU Study Abroad Office. Photos are \$5.00 for two photos. Photos must be purchased in multiples of two. Photos are usually developed while you wait. We accept exact cash, personal check or we can charge it to your bursar account. Study Abroad Office hours are 8:00 a.m. – 12:00 p.m. (closed over the lunch hour) and 1:00 – 4:30 p.m. It is strongly recommended that students get an extra pair of photos taken to keep on their person in case of a missing or stolen passport.



INTERNATIONAL STUDENT IDENTITY CARD (ISIC): The International Student I.D. card can provide discounts on international airfare, admission to various cultural sites, and more. The International Student Identity Card also includes a limited health and accident insurance policy which is only valid outside the U.S. Students will have to pay bills at the time of treatment and will be reimbursed later.



The ISIC is **not** included as part of the program cost. If a student wishes to obtain an ISIC, s/he should contact the Study Abroad Office to start the process.

NIU INTERNATIONAL TRAVEL INSURANCE PLAN: Students will be enrolled in the NIU International Travel Insurance Plan through ACE. This plan is required for participation in an NIU study abroad program and will be billed your MyNIU account. It is **not** possible to waive this mandatory insurance. Coverage will begin two days prior to the program start date and end two days after the official program end date.

NIU PROGRAM COST: The program cost pays for the following cost related services:

- 1) Accommodations and Continental breakfast daily OR lunch on days with guest speakers or academic site visits, along with a welcome and farewell dinner and two other dinners during the program.
- 2) Program-related land transportation
- 3) Admission fees to cultural and historical sites visited as part of the daily schedule
- 4) Three semester hours of NIU undergraduate or graduate credit
- 5) NIU International Travel Insurance

PROGRAM COST: \$4,985

The program cost represents the total in charges and fees that will be paid to NIU for this program. Please note that the following charges will post individually on your MyNIU account:

- Study Abroad Program Charge
- Instructional Cost
- NIU Academic Program Enhancement Fee (if applicable)

All prices quoted are subject to change. The information contained in the program documents and forms is presented in good faith and is believed to be correct as of the date presented. Northern Illinois University reserves the right to amend, modify, revise, or delete any information appearing in these documents, including but not limited to the cost of the program.

Non-NIU students should consult with their home institutions regarding additional costs that may apply to study abroad. Non-NIU students are responsible for any study abroad charges imposed by their home institution.

ADDITIONAL COSTS TO PARTICIPANTS:

- Airfare
- Cost of acquiring a passport (approximately \$135, including 2 passport pictures).
- Additional costs associated with obtaining a visa for non-U.S. passport holders.
- \$40 Undergraduate application fee for non-NIU undergraduate students or \$10 Student-at-Large application fee for graduate-level students.
- Breakfast AND/OR lunch and most dinners (see included meals).
- Independent travel and visa costs associated with independent travel.
- Expenses for free-time pursuits.
- Expenses and purchases of a personal nature.

NIU UNDERGRADUATE AND STUDENT-AT-LARGE APPLICATION FEES (applies to non-NIU students only): There is a \$40 non-refundable Undergraduate application fee for undergraduate students and a \$10 Student-at-Large application fee for graduate-level students applying to NIU for the first time. If you are currently enrolled at NIU as a degree-seeking student, you are not required to submit this payment.

If you are applying to NIU for the first time you will be provided with a link on the Study Abroad Portal that will guide you to the online NIU Undergraduate Application or the Student-at-Large Application. During the online application process you will be asked to pay the application fee by credit card or check.

FINANCIAL AID/LOANS: As a participant in a study abroad program through NIU, applicants may be eligible for: Pell Grant, SEOG, Perkins Loan, PLUS Loan, Subsidized or Unsubsidized Stafford Loan, MAP Award or you're privately awarded scholarship with consent of awarding organization.

If you are an NIU student and plan to apply for aid or loans to supplement this study abroad program you must contact the NIU Financial Aid and Scholarship Office in Swen Parson 245, (815) 753-1395 to discuss your current aid package and what you might be eligible for during the Summer term. Questions regarding the program budget can be directed to Tim Condon, International Affairs Business Manager, Williston Hall 407, (815) 753-9530, tcondon1@niu.edu for more information.

WITHDRAWAL FROM THE PROGRAM: Applicants withdrawing from the program after February 1, 2018 will not be refunded the \$200 program deposit

Applicants withdrawing from the program after this date will also be held accountable for any funds obligated to overseas vendors and agents on the applicant's behalf. This provision is in effect even if the applicant has not submitted the \$200 deposit or additional payments, and if the applicant is applying for financial aid.

If the applicant must withdraw after February 1, 2018 for medical reasons, funds obligated on their behalf to overseas vendors can only be refunded if:

- 1) The request is submitted to the Study Abroad Office in writing and accompanied by a signed statement stating that travel is not advised from a physician on the physician's letterhead; **and**
- 2) NIU is able to obtain refunds from overseas vendors and agents; **and**
- 3) The program has the minimum number of participants required to operate.

CANCELLATION OF THE PROGRAM: The Study Abroad Office reserves the right to cancel this program if the minimum required enrollment is not attained. If, prior to the commencement of the program, a U.S. State Department Travel Warning is issued for Ireland, all applicants will be notified promptly of the warning and the possibility of cancellation of the program. If, during the course of the program, a U.S. State Department Travel Warning is issued for Ireland, students will be promptly notified of the warning and the advisability of canceling the program.



Exploring Ireland's Health Care Services

Tentative Daily Schedule Summer 2018

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|--------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Sunday, July 1 | Arrive in Dublin Welcome dinner |
| Monday, July 2 | Guest speaker: History of Ireland City bus tour St. Patrick's Cathedral visit Early Post Conference |
| Tuesday, July 3 | Guest speaker: Introduction to Ireland's Health Care System Day cultural event: Trinity University and Book of Kells Early Post Conference Literary Pub Crawl |
| Wednesday, July 4 | Guest seminar/Hospital tour Early evening post Conference |
| Thursday, July 5 | Hospital tour Depart for Galway Welcome to Galway dinner Galway City Center and Quay Street |
| Friday, July 6 | Trip to Cliffs of Moher |
| Saturday, July 7 | Free day to explore Galway |
| Sunday, July 8 | Day trip to Aran Islands |
| Monday, July 9 | Guest seminar at National University of Ireland Galway (NUIG) Tour of NUIG and School of Nursing and Midwifery's Simulation Lab Trip to Lower Salt Hill Evening Post Conference |

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|---------------------------|--------------------------------------------------------------------------------------|
| Tuesday, July 10 | Afternoon return to Dublin Early evening Post Conference |
| Wednesday, July 11 | Hospital tour Early evening Post Conference |
| Thursday, July 12 | Hospital Tour Early evening Post Conference |
| Friday, July 13 | Morning guest seminar Free afternoon for travel Dublin City theatre production |
| Saturday, July 14 | Free for travel Post Conference Farewell dinner |
| Sunday, July 15 | Depart |

The above is tentative and the schedule subject to change.

Please note that Post Conferences will include wrap up discussion, question and answer time, presentation of topic, and an opportunity to reflect on the days learning opportunities.

**NORTHERN ILLINOIS UNIVERSITY RESERVES THE RIGHT TO ALTER
OR CANCEL THIS PROGRAM AS MAY BE DEEMED NECESSARY!**